

Centre for  
Psychosocial  
Resilience and  
Humanitarian Studies

Centre of  
First Aid & Resuscitation



# SINGAPORE RED CROSS ACADEMY

## PROSPECTUS 2026



# Table of Contents

## 01

*Message from the Dean*

## 02

*About the Singapore Red Cross Academy (SRCA)*

## 03

*Why Singapore Red Cross Academy (SRCA)*

## 04

*Corporate Training Solutions*

## 05

*Our Partners*

## 06

*Our Courses*

## 07

*Our Location & Contact*



# A Word from Our Director



**Sahari Ani**

*Dean of the Singapore Red Cross Academy*

At the Singapore Red Cross Academy (SRCA), we believe learning is more than acquiring skills, it strengthens people, communities, and our shared humanity. Our programmes are built on a simple conviction: human and social capital are the foundations of resilience.

As humanitarian challenges grow more complex, the need for individuals who can act with competence, compassion, and clarity has never been greater. Through our Centre in First Aid & Resuscitation and the Centre for Psychosocial Resilience and Humanitarian Studies, we equip learners to respond with confidence, care with dignity, and lead with humanity.

Grounded in real-world practice and humanitarian principles, our approach develops both capability and character. Whether you aim to save a life, support someone in distress, or strengthen community resilience, SRCA is committed to walking that journey with you.

Together, we can build a safer, kinder, and more prepared society, where every learner becomes a force for good.

# About Singapore Red Cross Academy

**Singapore Red Cross Academy** is the training arm of the Singapore Red Cross. We provide humanitarian learning to build capacity and strengthen community resilience.

Backed by over five decades of teaching expertise, the Academy is the region's go-to institute for humanitarian studies. We offer specialised first aid and psychosocial support courses, as well as other humanitarian education programmes.







**Since 1949**, Singapore Red Cross Academy has trained over 20,000 individuals across a wide range of courses and is trusted by 1,500+ organisations for staff training. We empower individuals and communities with the skills to help save lives.



Empowering Lifesavers Since

**1949**



**100K+**

Learners Trained With Us



**200+**

Qualified Trainers

Corporate

# Customisation & Contextualisation



# Our Approach to Corporate Training

## Training needs analysis

We assess your team's specific requirements to design a targeted solution.



## Curriculum proposal

A bespoke training plan is crafted to align with your objectives.



## Programme implementation

We work closely with you to deliver a training programme that meets your needs and drives impactful results.



## Meet your trainer

Engage with our experienced trainers to ensure an optimal learning experience.



## Continuous strategic guidance

We assess your training outcomes, offering support to ensure lasting impact and sustained success.



## Our Partners



**NANYANG  
TECHNOLOGICAL  
UNIVERSITY**  
SINGAPORE







## Centre of First Aid and Resuscitation

First aid knowledge is a valuable skill for individuals and communities to have. Over the years, Singapore Red Cross Academy has championed first aid training and continuously endeavours to equip more individuals with first aid knowledge and skills.

Towards the national goal of having one first aider in every home, the Singapore Red Cross Academy has developed a series of first aid courses catering to all ages and varied needs.



## Centre for Psychosocial Resilience and Humanitarian Studies

The Centre for Psychosocial Resilience and Humanitarian Studies equips individuals and organisations with the skills to deliver empathetic, dignified care and respond confidently to crises.

Through psychosocial support and humanitarian education, we strengthen mental well-being, caregiving capabilities, and long-term resilience, from emergencies to recovery and beyond.

# Explore our in demand courses

**Centre of First Aid & Resuscitation**

Basic First Aid



Basic Cardiac Life Support



CPR + AED



Child First Aid



Standard First Aid



# Explore our in demand courses

**Centre for Psychosocial Resilience  
and Humanitarian Studies**

Psychological First Aid +



Advanced Psychological  
First Aid



Mental Wellbeing @ Workplace



Resilience Skills for Everyday Life





## Centre for Psychosocial Resilience and Humanitarian Studies

### Befriender Skills



### Fundamentals of Caregiving



### Caregiver Training for Dementia



### Caregiver Training for Stroke Support





## Centre for Psychosocial Resilience and Humanitarian Studies

Caregiver Training for Diabetes Support



Caregiver Training for Asthma & Chronic  
Obstructive Pulmonary Disease



# Centre Of First Aid And Resuscitation Courses

Skillsfuture Credit Claimable\*

Course	Duration	Full Fee	GST	Self-Sponsored Nett Fee Payable	
				Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy,incl. 9% GST)
Basic Cardiac Life Support + AED(BCLS+AED) TGS-2022015359	8 Hours (1 day)	\$150	\$13.50	\$58.50	\$88.50
Basic First Aid + AED (CERT First Aider with CPR+AED) TGS-2022015644	8 Hours (1 day)	\$130	\$11.70	\$50.70	\$50.70
Child First Aid TGS-2020500066	20 Hours (2 days)	\$220	\$19.80	\$85.80	\$129.80
Child First Aid (Refresher) TGS-2022016626	16 Hours (2 days)	\$185	\$16.65	\$72.15	\$109.15
Occupational First Aid Course TGS-2020500028	23.5 Hours (3 days)	\$320	\$28.80	\$124.80	\$188.80
Occupational First Aid Course (Refresher) TGS-2022015317	17.5 Hours (2 days)	\$280	\$25.20	\$109.20	\$165.20
Standard First Aid with AED TGS-2021010208	16 Hours (2 days)	\$185	\$16.65	\$72.15	\$109.15
Standard First Aid with AED (Refresher) TGS-2022015316	12 Hours (1.5 days)	\$160	\$14.40	\$62.40	\$94.40

\*Subject to eligibility requirements

## Centre Of First Aid and Resuscitation Courses

Course	Duration	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Advanced Outdoor Wilderness First Aid Course (AOWFA)	16 Hours (2 days)	\$350	\$31.50	\$381.50
Basic Cardiac Life Support + AED (Refresher)	4 Hours (0.5 days)	\$120	\$10.80	\$130.80
Basic Child and Infant First Aid Workshop (BCIFA)	7 Hours (1 day)	\$150	\$13.50	\$163.50
Basic Outdoor Wilderness First Aid Course (BOWFA)	4 Hours (0.5 days)	\$75	\$6.75	\$81.75
Caregiver's First Aid for the Elderly (CGFAE)	7 Hours (1 day)	\$100	\$90	\$109
Cats and Dogs Basic First Aid Workshop (CDBFAW)	8 Hours (1 day)	\$200	\$180	\$218
Child and Infant First Aid Awareness Workshop (CIFA AW)	3 Hours (0.5 days)	\$60	\$5.40	\$65.40
CPR (Hands-Only) + AED Provider Course (CPR + AED)	4 Hours (0.5 days)	\$75	\$6.75	\$81.75
CPR + AED Awareness Workshop (CAAW)	2 Hours	\$30	\$2.70	\$32.70
First Aid Awareness Talk (FAAT)	1 - 5 Hours	\$400	\$360	\$436
First Responder on Water Safety (In Person)	4 Hours In Person Learning	\$130	\$11.70	\$141.70
First Responder on Water Safety (Partnership with SUSS)	1 Hours Online Learning	\$2	\$0.18	\$2.18
Junior First Aid Workshop (JFAW)	4 Hours	\$75	\$6.75	\$81.75
Outdoor Wilderness First Aid Course (OWFA)	8 Hours (1 day)	\$200	\$180	\$218
Young First Aid Workshop (YFAW)	2 Hours	\$60	\$5.40	\$65.40

# Centre of Psychosocial and Humanitarian Education

## SkillsFuture Credit Claimable Courses\*

Course	Duration	Full Fee	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Psychological First Aid+ TGS-2025053990	9 Hours	Class room	\$250	\$22.50	\$97.50	\$147.50
Course	Duration	Full Fee	Full Fee	GST	Self-Sponsored Nett Fee Payable (inclu GST)	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Geriatric Care Excellence : Enhancing Quality of Life in an Ageing Society TGS-2024051013	48 hrs (6 days)	Class room	\$1,690	\$152.10	\$214.63	\$552.63
Inclusive Leadership: Cultivating Workplace Wellness TGS-2024051012	27 Hours (3 days)	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45
Sustainable Crisis Management: Utilising Social Capital for Community Resilience TGS-2024051016	27 Hours (3 days)	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45

\*Subject to eligibility requirements



## First Aid and Resuscitation Instructor Courses

Skillsfuture Credit Claimable\*

Course	Duration	Training Mode	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
BCLS + AED Instructor Course TGS-2019501529	16 hrs (2 days)	Class room	\$350	\$31.50	\$136.50	\$206.50
CPR(HO)+AED Instructor Course TGS-2023021768	8 hrs (1 day)	Class room	\$200	\$18	\$78	\$118
Standard First Aid Instructor Course	24 hrs (3 days)	Class room	\$2,500	\$225	\$975	\$1,475

### Non-Funded

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Occupational First Aid Instructor Course	32h (4 days)	Classroom	\$2,500	\$436	\$2,936

\*Subject to eligibility requirements

## Centre of Psychosocial and Humanitarian Education

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
<b>Psychological First Aid</b>					
<b>Advanced Psychological First Aid</b>	14 Hours	Classroom	\$300	\$27	\$327
<b>Advanced Psychosocial Support for WSHOs</b>	14 Hours	Classroom	\$300	\$27	\$327
<b>Group Psychological First Aid</b>	14 hours (2 Days)	Classroom	\$300	\$27	\$327
<b>Psychological First Aid</b>	6.5 Hours	Classroom	\$150	\$13.50	\$163.50
<b>Psychological First Aid with Be A Samaritan</b>	8 Hours	Classroom	\$200	\$18	\$218
<b>Psychosocial Support for WSHOs</b>	6.5 Hours	Classroom	\$150	\$13.50	\$163.50
<b>Mental Wellbeing</b>					
<b>Befriender Skills</b>	4 Hours	Classroom	\$120	\$10.80	\$130.80
<b>Mental Health Literacy (Adults)</b>	8 Hours	Classroom	\$200	\$18	\$218
<b>Mental Well-being @ Workplace</b>	4 Hours	Classroom	\$120	\$10.80	\$130.80
<b>Resilience Skills for Everyday Life</b>	4 Hours	Classroom	\$120	\$10.80	\$130.80

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
<b>Caregiving</b>					
Caregiver Training for Asthma & Chronic Obstructive Pulmonary Disease (COPD)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Caregiver Training for Dementia	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Caregiver Training for Diabetes	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Fundamentals of Caregiving	16 hrs (2 days)	Classroom	\$300	\$27	\$327
Health Ethics and Professionalism for Nurses (This course is eligible for SNB CPE points)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
<b>Heat Resilience</b>					
Heat Resilience for Elderly	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Home	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Outdoor Worker	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Youth	4 Hours (0.5 days)	Classroom	\$300	\$27	\$327
Health Ethics & Professionalism for Nurses (SNB CPE eligible)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
<b>Humanitarian Education</b>					
DeploySafe: Humanitarian Risk & Security Training	6.5 hrs (1 days)	Classroom	\$180	\$16.20	\$196.20

# Singapore Red Cross Academy Locations



 6664 0500

 [academy@redcross.sg](mailto:academy@redcross.sg)


## Singapore Red Cross Academy @ Red Cross House

-  15 Penang Lane, Level 3  
Singapore 238486
-  Dhoby Ghaut MRT (Exit B)

## Singapore Red Cross Academy @ Atrium

-  International Involvement Hub  
(I2Hub) 60A Orchard Road,  
Level 4M Tower 1#04-02 (near  
Plaza Singapura, Dhoby Ghaut MRT,  
Exit F) Singapore 238890
-  Dhoby Ghaut MRT

## Singapore Red Cross Academy @ OTH

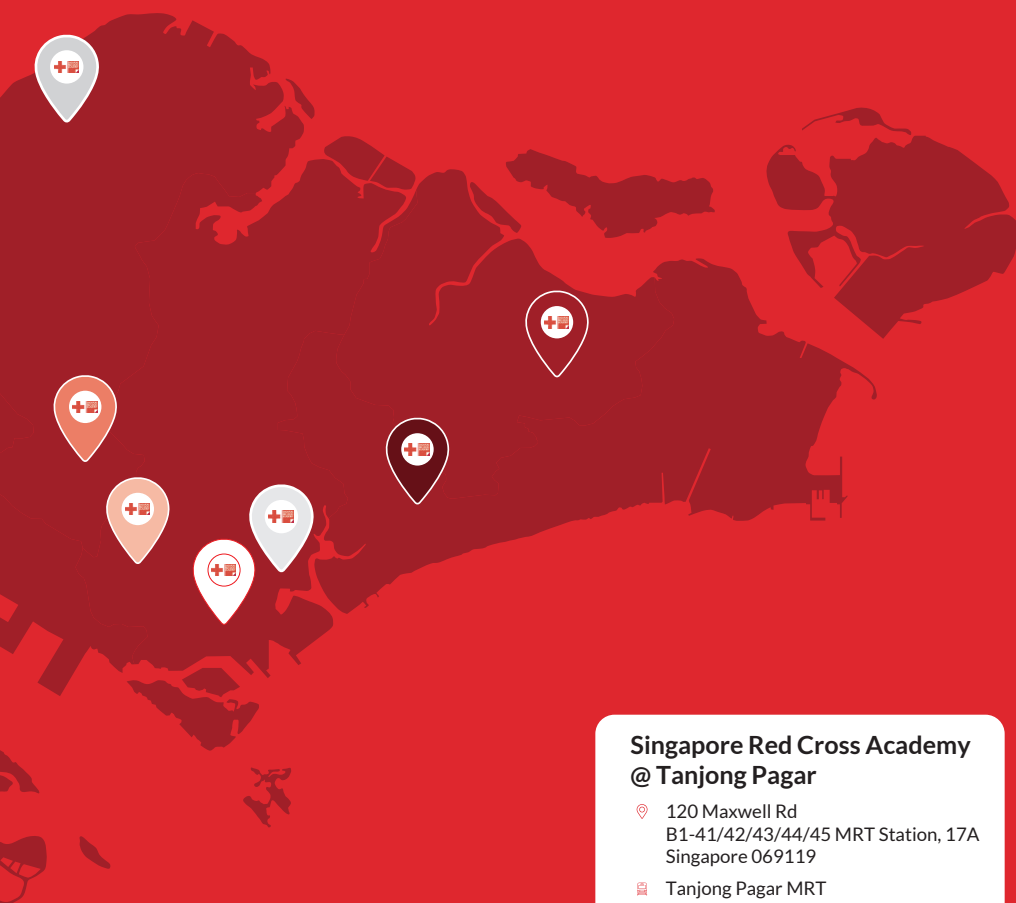
-  1 Tampines Walk  
#02-06  
Singapore 528523
-  Tampines MRT (Exit F)

## Singapore Red Cross Academy @ SDG


-  Ubi Rd 4  
Level 3 26  
Singapore 408613
-  Ubi MRT









### **Singapore Red Cross Academy @ Woods Square Tower 1**

 12 Woodlands Square, Tower 1  
#14-62/63/64/65 Woods Square  
Singapore 737715


 Woodlands MRT


### **Singapore Red Cross Academy @ Tanjong Pagar**

 120 Maxwell Rd  
B1-41/42/43/44/45 MRT Station, 17A  
Singapore 069119

 Tanjong Pagar MRT

### **Singapore Red Cross Academy @ YWCA**

 6 Fort Canning Rd  
#02-08  
Singapore 179494

 Dhoby Ghaut MRT (Exit B)



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