

Centre for  
Psychosocial  
Resilience and  
Humanitarian Studies

Centre for  
First Aid & Resuscitation



# SINGAPORE RED CROSS ACADEMY

## PROSPECTUS 2026



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# A Word from Our Director



**Sahari Ani**

*Dean of the Singapore Red Cross Academy*

At the Singapore Red Cross Academy (SRCA), we believe learning is more than acquiring skills, it strengthens people, communities, and our shared humanity. Our programmes are built on a simple conviction: human and social capital are the foundations of resilience.

As humanitarian challenges grow more complex, the need for individuals who can act with competence, compassion, and clarity has never been greater. Through our Centre for First Aid & Resuscitation and the Centre for Psychosocial Resilience and Humanitarian Studies, we equip learners to respond with confidence, care with dignity, and lead with humanity.

Grounded in real-world practice and humanitarian principles, our approach develops both capability and character. Whether you aim to save a life, support someone in distress, or strengthen community resilience, SRCA is committed to walking that journey with you.

Together, we can build a safer, kinder, and more prepared society, where every learner becomes a force for good.

# About Singapore Red Cross Academy

**Singapore Red Cross Academy** is the training arm of the Singapore Red Cross. We provide humanitarian learning to build capacity and strengthen community resilience.

Backed by over five decades of teaching expertise, the Academy is the region's go-to institute for humanitarian studies. We offer specialised first aid and psychosocial support courses, as well as other humanitarian education programmes.





Since 1949, Singapore Red Cross Academy has trained over 20,000 individuals across a wide range of courses and is trusted by 1,500+ organisations for staff training. We empower individuals and communities with the skills to help save lives.



Empowering Lifesavers Since

**1949**



**100K+**

Learners Trained With Us



**200+**

Qualified Trainers

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Corporate

# Customisation & Contextualisation



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# Our Approach to Corporate Training

## Training needs analysis

We assess your team's specific requirements to design a targeted solution.



## Curriculum proposal

A bespoke training plan is crafted to align with your objectives.



## Programme implementation

We work closely with you to deliver a training programme that meets your needs and drives impactful results.



## Meet your trainer

Engage with our experienced trainers to ensure an optimal learning experience.



## Continuous strategic guidance

We assess your training outcomes, offering support to ensure lasting impact and sustained success.





# Our Partners



**NANYANG  
TECHNOLOGICAL  
UNIVERSITY**  
SINGAPORE

The Singtel logo, consisting of five red circles of varying sizes above the word "Singtel" in a bold, sans-serif font.

**Singtel**

The SUSS logo, with "SUSS" in a large, bold, blue font and "SINGAPORE UNIVERSITY OF SOCIAL SCIENCES" in a smaller, blue font below it.

**SUSS**  
SINGAPORE UNIVERSITY  
OF SOCIAL SCIENCES

The SP logo, with "SP" in a large, bold, red font and "Singapore Polytechnic" in a smaller, black font to its right.

**SP** Singapore  
Polytechnic



## Centre for First Aid and Resuscitation

First aid knowledge is a valuable skill for individuals and communities to have. Over the years, Singapore Red Cross Academy has championed first aid training and continuously endeavours to equip more individuals with first aid knowledge and skills.

Towards the national goal of having one first aider in every home, the Singapore Red Cross Academy has developed a series of first aid courses catering to all ages and varied needs.



## Centre for Psychosocial Resilience and Humanitarian Studies

The Centre for Psychosocial Resilience and Humanitarian Studies equips individuals and organisations with the skills to deliver empathetic, dignified care and respond confidently to crises.

Through psychosocial support and humanitarian education, we strengthen mental well-being, caregiving capabilities, and long-term resilience, from emergencies to recovery and beyond.

# Explore our in demand courses

Centre for First Aid & Resuscitation

Basic First Aid



Basic Cardiac Life Support



CPR + AED



Child First Aid



Standard First Aid



# Explore our in demand courses

Centre for Psychosocial Resilience and Humanitarian Studies

Psychological First Aid +



Advanced Psychological First Aid



Mental Wellbeing @ Workplace



Resilience Skills for Everyday Life



# Centre for First Aid and Resuscitation Courses

Skillsfuture Credit Claimable\*

Course	Duration	Full Fee	GST	Self-Sponsored Nett Fee Payable	
				Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Basic Cardiac Life Support + AED(BCLS+AEO) TGS-2022015359	8 Hours (1 day)	\$150	\$13.50	<b>\$58.50</b>	<b>\$88.50</b>
Basic First Aid + AED (CERT First Aid with CPR+AEO) TGS-2022015644	8 Hours (1 day)	\$130	\$11.70	\$50.70	\$76.70
Child First Aid TGS-2020500066	20 Hours (2 days)	\$220	\$19.80	\$85.80	\$129.80
Child First Aid (Refresher) TGS-2022016626	16 Hours (12 days)	\$185	\$16.65	\$72.15	\$109.15
Occupational First Aid Course TGS-2020500028	23.5 Hours (3 days)	\$320	<b>\$28.80</b>	<b>\$124.80</b>	<b>\$188.80</b>
Occupational First Aid Course (Refresher) TGS-2022015317	17.5 Hours (2 days)	\$280	\$25.20	\$109.20	\$165.20
Standard First Aid with AED TGS-2021010208	16 Hours (2 days)	\$185	\$16.65	\$72.15	\$109.15
Standard First Aid with AEO (Refresher) TGS-2022015316	12 Hours (1.5 days)	\$160	\$14.40	\$62.40	\$94.40

\*Subject to eligibility requirements

\*All classes are held in-person at classrooms unless stated otherwise

## Centre for First Aid and Resuscitation Courses

Course	Duration	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Advanced Outdoor Wilderness First Aid Course (AOWFA)	16 Hours (2 days)	\$350	\$31.50	\$381.50
Basic Cardiac Life Support + AED (Refresher)	4 Hours (0.5 day)	\$120	\$10.80	\$130.80
Basic Child and Infant First Aid Workshop (BCIFA)	7 Hours (1 day)	\$150	\$13.50	\$163.50
Basic Outdoor Wilderness First Aid Course (BOWFA)	4 Hours (0.5 day)	\$75	\$6.75	\$81.75
Caregiver's First Aid for the Elderly (CGFAE)	7 Hours (1 day)	\$100	\$9.00	\$109
Cats and Dogs Basic First Aid Workshop (CDBFAW)	8 Hours (1 day)	\$200	\$18.00	\$218
Child and Infant First Aid Awareness Workshop (CIFAAW)	3 Hours (0.5 day)	\$60	\$5.40	\$65.40
CPR (Hands-Only) + AED Provider Course (CPR + AED)	4 Hours (0.5 day)	\$75	\$6.75	\$81.75
CPR + AED Awareness Workshop (CAAW)	2 Hours	\$30	\$2.70	\$32.70
First Aid Awareness Talk (FAAT)	1 - 5 Hours	\$400	\$36.00	\$436
First Responder on Water Safety (In Person)	4 Hours In Person Learning	\$130	\$11.70	\$141.70
First Responder on Water Safety (Partnership with SUSS)	1 Hour Online Learning	\$2	\$0.18	\$2.18
Junior First Aid Workshop (JFAW)	4 Hours	\$75	\$6.75	\$81.75
Outdoor Wilderness First Aid Course (OWFA)	8 Hours (1 day)	\$200	\$18.00	\$218
Young First Aid Workshop (YFAW)	2 Hours	\$60	\$5.40	\$65.40

\*All classes are held in-person at classrooms unless stated otherwise

## Centre for First Aid and Resuscitation Courses (Instructor Courses)

Skillsfuture Credit Claimable\*

Course	Duration	Training Mode	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
BCLS + AED Instructor Course TGS-2019501529	16 Hours (2 days)	Class room	\$350	\$31.50	\$136.50	\$206.50
CPR(HO)+AED Instructor Course TGS-2023021768	8 Hours (1 day)	Class room	\$200	\$18	\$78	\$118
Standard First Aid Instructor Course	24 Hours (3 days)	Class room	\$2,500	\$225	\$975	\$1,475

### Non-Funded

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Occupational First Aid Instructor Course	32 Hours (4 days)	Classroom	\$2,500	\$225	\$2,725

\*Subject to eligibility requirements

# Centre for Psychosocial Resilience & Humanitarian Studies

Skillsfuture Credit Claimable\*

Course	Duration	Training Mode	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
<b>Psychological First Aid+</b> TGS-2025053990	9 Hours	Class room	\$250	\$22.50	\$97.50	\$147.50
Course	Duration	Training Mode	Full Fee	GST	Self-Sponsored Nett Fee Payable (inclu GST)	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
<b>Geriatric Care Excellence :</b> Enhancing Quality of Life in an Ageing Society TGS-2024051013	33 Hours	Blended Learning	\$1,690	\$152.10	\$214.63	\$552.63
<b>Inclusive Leadership:</b> Cultivating Workplace Wellness TGS-2024051012	27 Hours	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45
<b>Sustainable Crisis Management:</b> Utilising Social Capital for Community Resilience TGS-2024051016	27 Hours	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45

\*Subject to eligibility requirements

# Centre for Psychosocial Resilience & Humanitarian Studies

Course	Duration	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
<b>Psychological First Aid / Mental Wellbeing</b>				
<b>Advanced Psychological First Aid</b> Prerequisites: Completion of PFA	14 Hours (2 days)	\$300	\$27	\$327
<b>Child-Friendly Spaces</b>	8 Hours (1 day)	\$250	\$22.50	\$272.50
<b>Psychological First Aid with Be A Samaritan (with SOS)</b>	9 Hours (1 day)	\$200	\$18	\$218
<b>Psychological First Aid in Groups</b> Prerequisites: Completion of PFA	14 Hours (2 days)	\$300	\$27	\$327
<b>Mental Well-being @ Workplace</b>	8 Hours (1 day)	\$250	\$22.50	\$272.50

\*All classes are held in-person at classrooms unless stated otherwise

## Centre for Psychosocial Resilience & Humanitarian Studies

Course	Duration	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
<b>Caregiving</b>				
<b>Caregiving Skills for Common Chronic Conditions</b>	8 Hours (1 day)	\$300	\$27	\$327
<b>Core Skills in Dementia Caregiving</b>	4 Hours (0.5 day)	\$150	\$13.50	\$163.50
<b>Self Care for Caregivers</b>	8 Hours (1 day)	\$250	\$22.50	\$272.50
<b>Heat Resilience</b>				
<b>Heat Health Resilience for Migrant Workers</b>	4 Hours (0.5 day)	\$150	\$13.50	\$163.50
<b>Heat Health and Resilience</b>	8 Hours (1 day)	\$200	\$18	\$218
<b>Overseas Disaster Deployment Training (ODDT)</b>				
<b>Overseas Disaster Deployment Training (ODDT)</b>	6 days	\$480	\$43.20	\$523.20

\*All classes are held in-person at classrooms unless stated otherwise

# Singapore Red Cross Academy Locations

 6664 0500


 [academy@redcross.sg](mailto:academy@redcross.sg)

## Singapore Red Cross Academy @ Red Cross House

 15 Penang Lane, Level 3  
Singapore 238486

 Dhoby Ghaut MRT (Exit B)

## Singapore Red Cross Academy @ Atrium

 International Involvement Hub  
(I2Hub) 60A Orchard Road,  
Level 4M Tower 1#04-02 (near  
Plaza Singapura, Dhoby Ghaut MRT,  
Exit F) Singapore 238890


 Dhoby Ghaut MRT

## Singapore Red Cross Academy @ Our Tampines Hub

 1 Tampines Walk  
#02-06  
Singapore 528523

 Tampines MRT (Exit F)

## Singapore Red Cross Academy @ SDG


 Ubi Rd 4  
Level 3 26  
Singapore 408613


 Ubi MRT






### Singapore Red Cross Academy @ Woods Square Tower 1

 12 Woodlands Square, Tower 1  
#14-62/63/64/65 Woods Square  
Singapore 737715


 Woodlands MRT


### Singapore Red Cross Academy @ Tanjong Pagar

 120 Maxwell Rd  
B1-41/42/43/44/45 MRT Station, 17A  
Singapore 069119

 Tanjong Pagar MRT

### Singapore Red Cross Academy @ YWCA

 6 Fort Canning Rd  
#02-08  
Singapore 179494

 Dhoby Ghaut MRT (Exit B)



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